



2024 RECREATIONAL CANOE, KAYAK, + SUP RACES

SUNDAY, JULY 28

Birch Point

Pleasant Lake, Pond Road, Island Falls

RIBBONS + PRIZES AWARDED

ENTRY FEE

\$15.00 per person*

REGISTRATION 12:00PM

RACE BEGINS 1:00 PM

RACE CATEGORIES

1.4 MILE RACE

Senior (60+), Adult (18 - 59), Student (age 15 - 17)

SHORT COURSE

Junior (10-14), Children (9 and under)

CANOES

Male, Female, Mixed, Century (combined ages over 100)

KAYAKS:

Male, Female, Tandem (by kayak length)

S.U.P.S

Male, Female

*Tickets include a race t-shirt. Ticket fee supports the *Southern Aroostook Scholarship Fund*. Additional donations are welcome. If needed, a kayak or canoe can be borrowed from Birch Point.



ISLAND FALLS
LAKES ASSOCIATION

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